

Your topic: I have to write 1000 words essay- research showing that I have considered .- what I have to do to enter the nurse profession, positives of entering the profession including any skills and experience I have that will help me and any negatives that could arise during my new career and how I deal with them

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Nursing Profession

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Nursing Profession

The nursing profession is said to be one of the most exciting and in-demand jobs. The basic job of nurses is to endorse health, make sure diseases are prohibited, and aid patients to become better from any type of diseases. Nurses are essentially supported and health instructors for patients, families and societies. Nurses unite with physicians in the act of conducts and inspections, the management of medications and the delivery of straight patient care in recuperation and restoration. Entering this field is a way of doing good work for the society. One is able to serve the community and help the community to become better health-wise. The nurse profession is also positive in the sense that it helps one realise that one can help the sick people in various ways and make them better health-wise easily. I, myself, have an experience in the health care field. I did one year of experience in residential care home. It was a great experience as it allowed me to understand that care is required by people of all age groups. Like in the residential care home that I worked in made me realise that adults require care as well. The residential care home I had experience in made me realise that at times adults are not able to take care of themselves, and that is why the younger generation must understand that they need to take care of the adults as well. The residential care home provides lodging which is the residing area, the meal services which is serving and providing food, and lastly the daily living activities which are day-to-day activities that adults carry out on a daily basis.

This is a known fact that every profession has both positive and negative facts. The positive facts are mentioned above, and the negatives will be discussed now. The negative aspect

of the nursing profession is that nurses rarely get an off. Nurses have to be working round the clock because when the doctors take off, it's the nurses who look after the patient and make sure to fill the patient file regularly. In order to deal with this issue, I would try to change my daily routine according to the days that I would get off. I will try to make certain that in between during shifts, I will try to take off. The second negative aspect of nursing profession is that shifts keeps changing. The shifts change makes one more tired than any other work. At times, even after working long-hours, nurses do not get replacement and have to work more over-time which is why they become more fatigued. There is also the negative factor of long work hours. Even though nursing profession may be one of the most exciting one, but the long work hours actually makes one tired and this can also affect the way they function. In order to deal with this issue, I would focus on taking naps in between which would help me energise myself as well as makes my brain function in the right way in order to serve the patients properly.

My education background mainly consists of L2 functional skills in English and Maths. I have been fond of these two subjects from my school time and have always loved studying the subject. Currently, I am undertaking access to health education (HE) in nursing. After English and Maths, HE is the subject that has intrigued me a lot. I have always had this passion to study the health education subject and utilise it to help others to make them fit and better. My work experiences mainly consist of working in the residential care home for one year. I am currently working in A&E as a health care assistant for 1.5 years now. The life and work experiences have thought me a lot regarding to how to deal with situations that may come up later on while working. Furthermore, I have also understood that not every situation would work out in my favour, for instance, I may not be able to save every patient that I come across. However, every patient that I lose will teach me something or the other about life as well as about how situations

should be brought under control in order to learn something from them. The reason that I have decided to enter the nursing profession is because I want to help the community in a better way. I want to make people better from their illnesses as well as help them understand that nurses are for the benefit of patients and not for their disadvantage.

The life and work experiences will help me in my intended career in the sense that I will be able to judge that how I am supposed to help people of all ages. People of different ages require different kind of care; for instance, patients of children age will require care differently whilst patients who are adults will require care differently. The one year that I did in residential care homes will help me understand that adult patients have different kind of needs and therefore, they require care in a different manner. Adult patients may even get cranky and not co-operate easily either. Therefore, the kind of calmness nurses show towards children, with adults the same calmness has to be doubled as after a certain age, adults do not co-operate as such easily with nurses or physicians alike.

The Access Diploma module choices will help in my application to Higher Education in the way that now I am aware of how and what steps I have to take in order to be part of the nursing field. I have to make certain that my Diploma module choices are in line with the kind of field I am opting for which is the nursing field. The nursing field is the field that I have chosen and my plan to help the patients in leading a better life is what I have the intense passion for.